



Teulon Collegiate Community Report June 2023

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Principal Myles Blahut

Vice-Principal

Jason Darragh

SCHOOL PROFILE

Teulon Collegiate has an ardent staff of 18 teachers, 10 educational assistants, office and custodial staff working together to provide our students with a quality education and a safe school environment. Our Student Services team is made up of 1 full-time counsellor and 1 1/2 Learning Support Teachers. Teulon Collegiate has a student population of approximately 220 students throughout grades 7 to 12.

Our school offers a wide range of academic courses which allows students the opportunity to obtain additional credits through Foods and Nutrition, Industrial Arts, Apprenticeship and Career Technology Studies.

SCHOOL BELIEFS

At Teulon Collegiate we believe in the following social emotional values:

Learning

Respect

Responsibility

Healthy Lifestyle

Good Citizenship



Grade 7 Science Building Quinzhees

Well-Being

One of our school goals in our 2022 -2023 school plan was to look at providing whole class, small group, and one-on-one supports based on data from Our School Survey, parent/teacher observations and student requests/needs to improve staff wellness. To this end the following activities took place:

- **Thrival-** Grade 7 Wellness course that taught students introductory information for holistic wellness. Some of this included mindfulness, growth mindset, coping strategies, and how to reach out for support. Students also learned about mental health through the Speak Up Program and the Project 11 Program.
- This year a lot of our extra curricular groups (**Student Council, Environmental Group, Helping Hands**) were done through our Social Justice League. TCI had a strong group of students who wanted to join all groups, so we combined the different programs into one. These groups created activities to improve school community and student wellness.
- **Wellness Screeners**—Wellness screeners were completed with our Grade 8 –10 students in April and June. Results were used to help with programming.
- Our goal for next year is to create a **Mental Wellness Support Group** where we will use the funds from the Walk for Miles to help support our students. The school will work with the community to create wellness activities

Other activities that were done at TCI:

- Bell Lets Talk Day- Mental Health Awareness
- Various Spirit Weeks
- Community Volunteerism—Teulon Pumpkinfest
- Wellness Week
- Pink Shirt Day- Bullying and LGBTQ+ Awareness
- Orange Shirt Day- Reconciliation Awareness
- Mental Health Awareness Week in May: activities included a no Homework Day, Petting Zoo



***Just Dance
Noon Hour-Wellness Activity***



Petting Zoo Wellness



***National Day of Truth
and
Reconciliation Activity***



Walk For Miles

Our school was saddened by the heart-breaking loss of one of our students, Miles McKay on February 15. To honor Miles, Teulon Collegiate' Social Justice Committee and Student Council organized a Walk for Miles to raise funds to support student mental health. Mental health awareness and support for our students is becoming an increasingly important focus for Teulon Collegiate. On Saturday, May 27 members of Teulon and Fisher River Cree Nation (Miles' home community) came to Teulon to walk for Miles. Through pledges, a 50/50 raffle, hot dog sale and water balloon toss over \$3500 was raised. The funds raised will be used to help support activities at the school to improve student mental health. A committee of students and staff will be formed in the 2023-2024 school year to develop a plan focussing out student needs. There is hope that this event will become an annual event.



Remembrance Day



**Brokenhead Wetlands Grade 10 Field Trip
Indigenous Perspectives on Natural Resource Use**

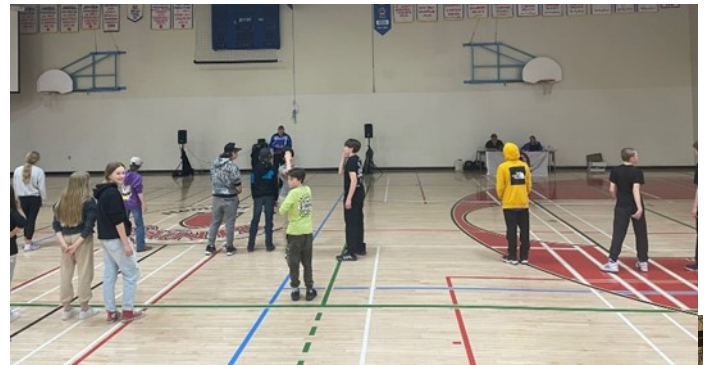
Rob Nash Project

Throughout April and May, TCI has been presenting the "Rob Nash: A Living Curriculum" project to our grade 8, 9 and 10's.

Rob Nash is a rock artist who, at the young age of 18, wound up in a horrific car accident. Rob lived in a place of darkness for a long time and was eventually able to seek support to get him out of that space. Rob now tours schools and communities to help spread support and awareness about mental health struggles to students.

A Living Curriculum is a student-focused mental wellness curriculum that uses real-life stories and music to support social and emotional learning. This presentation includes 4 modules which contain stories of young people that Rob Nash has met while on the road. Their presentation addresses topics related to mental health such as depression, anxiety, self-harm, addiction, bullying and suicidal ideation. The stories are accompanied with music and lyrics that underscore the issues discussed.

Our Social Justice League participate in many projects this past year. To the left, our Helping Hands group organized and collected food items during the Halloween for Hunger Campaign.



Manitoba Metis Jigging

Presentation



Student Council Activities Building School Spirit



Book Club



Grade 11/12 Art Field Trip

Numeracy and Literacy

Goal for 2022-2023 was to provide support for staff to increase their comfort levels and use of critical thinking activities in their classrooms. Staff participated in a series of Divisionally led PD. The PD provided opportunities:

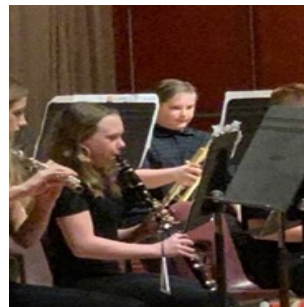
- for direct conversation and collaboration among colleagues;
- for planning, practicing, reflecting, and improving over time;
- for grade-specific or subject-specific content and collaboration;
- for sustained focus supported throughout the school year.

Staff worked through a series of 5 1/2 day sessions that looked at:

- How to set up their classrooms to encourage critical thinking
- How to assess critical thinking
- Questioning techniques to encourage critical thinking
- Developing authentic critical thinking lessons/projects



*Engaging
Students
in
their
learning*



Celebrating Student and Team Accomplishments in 2022-2023

- Hannah Spence Graduating average of 97% from all Grade 11 and 12 courses
- Maddy S and Hayden H 2nd in Divisional Mixed Doubles Badminton
- Justin Campbell, Grade 8 student, winner of three first place ribbons at ISD Divisional Track Meet
- Junior Varsity Girls' Basketball Wildcard Participants at Provincials, finished 4th
- Grade 7 Girls' Basketball Northern Interlake Championship
- Varsity Zone 5 Badminton Winners
- Senior Girls Curling Team Zone 5 Champions
- Junior High Boys 3rd ISD Divisional Volleyball

